



S.I.K.E!

Salt Island Kayaking Experience

A Kayaking trip with a difference – spend the night in Salt Island Bothy!



What is involved?

After planning our route, we'll pack our equipment and supplies into the sea kayaks and launch from our boat house, paddling out to Salt Island following the Strangford Lough Canoe Trail.

That night we will enjoy the sunset around a campfire and bbq on the island, before retiring for the night in the bothy so we wake up feeling rested and relaxed for the next day's paddle!

After breakfast the next morning, we will venture around some of the other islands on the Lough before returning to the centre for a nice hot shower and a hot drink!

Who can take part?

Folks who have successfully completed our 'Improvers Paddle Power' day course or have been given the 'ok' by our instructors during Paddle Power Evenings.

Adults only - 18 years +

Where, When & How Much?

Clearsky Adventure Centre **Saturday 18th August – Sunday 19th August 2012** £99.00 per person

What should I bring with me?

Warm Outdoor wear (Trousers, jacket, long sleeve top, hat and gloves)

Sturdy flat sole shoes – old trainers or gym shoes you don't mind getting wet/dirty

Packed lunch (day one and two)

Compact overnight toiletries and towel and any personal medication (e.g. asthmatic inhaler)

Clearsky Adventure Centre will provide:

Waterproof jackets and trousers if required

Sleeping Bags, Wetsuits, Buoyancy Aids & dry bags

Friendly and fully qualified instructors throughout the trip

Evening BBQ on the island (including glass of wine or a beer) and breakfast in the morning

How do I sign up?

Contact Ellie on 028 4372 3933 or email fun@clearsky-adventure.com to book your place.