



Paddle Power!

A kayaking course for beginners



What is involved?

CLEARSKY Adventure Centre's base on the shores of Strangford Lough makes the perfect venue for the first in a series of kayaking courses, aimed at introducing people from all walks of life to the fun filled sport of sea kayaking.

Using our state-of-the-art kayaks and paddles, you will learn the key skills involved with controlling the kayak and ultimately gain the confidence to relax and explore Strangford Lough, under the watchful eye of our patient and friendly instructors. Then, if you are feeling the urge, you can progress to our full day Paddle Power Improvers' Course, where you will further develop your skills and confidence.

Who can take part?

Beginners and also folks who have done a little kayaking before
Adults only - 18 years old +

Where, When & How Much?

Strangford Lough, Clearsky Adventure Centre, Castle Ward Estate, Strangford - just outside Downpatrick
(Just 45 minutes south of Belfast)

£36.00 per person

What should I bring with me?

Sturdy flat sole shoes – old trainers or gym shoes you don't mind getting wet/dirty
Swimming gear for under wetsuit
Towel and toiletries
Any personal medication you may have (for example asthmatic inhaler)

Clearsky Adventure Centre will provide:

Waterproof jackets and trousers if required
Wetsuits, buoyancy aids and any other specialist equipment
Friendly and fully qualified instructors

How do I sign up?

Contact Ellie on 028 4372 3933 or email fun@clearsky-adventure.com to book your place.

Places are limited so please book early to avoid disappointment.