



Overnight Island Experience

What is involved?

After planning our route and packing our equipment in the sea kayaks we will depart Castle Ward and paddle out to **Salt Island Bothy for an overnight stay (Northern Ireland's 1st ever bothy, recently opened by the National Trust)**. We will be following the new **Strangford Lough Canoe Trail** and will bring all our supplies with us in the kayaks, enjoying a BBQ on the island that evening while watching the sun go down! The next morning we will venture around some of the other islands on the Lough before returning to the centre and inspired to do more!

Using our state-of-the-art kayaks and paddles you will develop and fine tune your skills as well as learn more advanced paddle strokes, how to cope with unstable sea conditions with confidence and techniques for staying as safe as possible whilst on the water.

Who can take part?

Folks who have successfully completed our 'Improvers Paddle Power' day course or have been given the 'ok' by our instructors during Paddle Power Evenings.
Adults only - 18 years +

Where, When & How Much?

The trip will depart from our newly opened Clearsky Adventure Centre on the Castle Ward Estate just outside Downpatrick (Just 45 minutes south of Belfast)

5th (12noon) – 6th (12noon) June
£99.00 per person

What should I bring with me?

Warm Outdoor wear (Trousers, jacket, long sleeve top)
Hat and gloves – fleece is ideal
Sturdy flat sole shoes – old trainers or gym shoes you don't mind getting wet/dirty
Packed lunch (day one and two)
Compact overnight toiletries and towel
Any personal medication you may have (for example asthmatic inhaler)

Clearsky Adventure Centre will provide:

Waterproof jackets and trousers if required
Sleeping Bags, Wetsuits, Buoyancy Aids & dry bags
Friendly and fully qualified instructors throughout the trip
Evening BBQ on the island (including glass of wine or a beer) and breakfast in the morning

How do I sign up?

Contact Esme on 028 4372 3933 or email fun@clearsky-adventure.com to book your place.

Places are limited so please book early to avoid disappointment.