



Improvers Paddle Power

What is involved?

CLEARSKY Adventure Centre's base on the shores of Strangford Lough makes the perfect venue for a series of skill progression kayaking courses aimed at developing the skills of those who have been introduced to the sport in recent times.

Using our state-of-the-art kayaks and paddles you will develop and fine tune your skills as well as learn more advanced paddle strokes, how to cope with unstable sea conditions with confidence and techniques for staying as safe as possible whilst on the water. *There may also be scope to attain BCU star proficiency awards on the day depending on abilities.*

Who can take part?

Those who have recently attended our Paddle Power for Beginners evening.
Adults only - 18 years +

Where, When & How Much?

The workshop will take place at our newly opened Clearsky Adventure Centre on Castle Ward Estate just outside Downpatrick (Just 45 minutes south of Belfast)

23rd May, 24th July, 19th September
09:30am – 4:30pm
£49.00 per person

What should I bring with me?

Warm Outdoor wear (Trousers, jacket, long sleeve top)
Hat and gloves
Sturdy flat sole shoes – old trainers or gym shoes you don't mind getting wet/dirty
Swimming gear for under wetsuit
Towel and toiletries
Any personal medication you may have (for example asthmatic inhaler)

Clearsky Adventure Centre will provide:
Waterproof jackets and trousers if required
Wetsuits if required
Buoyancy Aids
Friendly and fully qualified instructors

How do I sign up?

Contact Esme on 028 4372 3933 or email fun@clearsky-adventure.com to book your place.

Places are limited so please book early to avoid disappointment